



It's been a long journey,
 Thank you family and friends, Ramona Salo, Lisa Skoglund, Kine Kjær,
 Wette Holte, Halvard Bruvoll, Bernt Simen Lund,
 Dana Johnson, Heidi Schjervud Bilsbak, Brynjar Lien Schjervud, BUL Tromsø,
 Carl Christian Lein Stormer, Frode Føløandsgard, Niels Røine, Inger Bråten,
 Eivind Hansen, Fredrik Forsman, Ariel Joshua Sivertsen,
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 Julie Pike, Tonje Akseisen, Mona Aabeisen, Tone Pedersen,
 Lars Berg's ancestors, Maria Opgård, Petter, Aleksander,
 my dearest Halvard and our heart Live Lydia >3

Musicians:
 Julie Alapnes: fiddle, octave fiddle, vocals
 Petter Carlsen: bariton guitar, acoustic guitar, vocals
 Halvard Rundberg: pump organ, acoustic guitar, vocals
 Aleksander Kostopoulos: drums & percussion

Halvard Bruvoll: fiddle & viola (Arnt Ivars polska)
 Bernt Simen Lund: cello, Brynjar Lien Schjervud: violin,
 Heidi Schjervud Bilsbak: viola & Dana Johnson violin (Soldagen)

All music, except Soldagen, arranged by Halvard, Petter, Aleksander & Julie
 Soldagen arranged by Bernt Simen Lund for string quartet

HELLERISTNING
 (Lyrics Petter Carlsen, melody Julie Alapnes)

STØA
 (Lyrics Lars Berg, melody Julie Alapnes & Halvard Rundberg)

LILLE CHICAGO
 (Julie Alapnes)

FØRSTE STEG
 (Julie Alapnes & Halvard Rundberg)

SOLDAGEN
 (Lyrics Lisa Skoglund, melody Julie Alapnes, arranged by Bernt Simen Lund)

ARNT IVARS POLSKA
 (Julie Alapnes)

LEVEN!
 (Julie Alapnes & Halvard Rundberg)

PÅ MÅFÅ
 (Julie Alapnes & Halvard Rundberg)

NORDNORSK SJEL
 (Lyrics and melody Petter Carlsen)

TAKK, LL
 (Julie Alapnes & Halvard Rundberg)

Recorded at Kysten Studio, Tromsø
 Produced by: Halvard Rundberg & Ariel Joshua Sivertsen
 Mixed by: Ariel Joshua Sivertsen
 Mastered by: Jonas Ekström/Northmastering
 Cover design by: Kine Kjær
 Photos by: Julie Pike

Støttet av Kulturrådet
 Fond for lyd og bilde

Det norske komponistfond

SAMFUNNSLØFTET
 Spesialt samarbeid med TONO

TONO

NRK
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 NRK



JULIE ALAPNES

HELLERISTNING

TA250

